

## **Global Perspectives Group Project**

Group Members : Sharvani Sivakumar, Adithi Prasad, Aryaman

### **Main Topic : Disease and Health**

### **Sub-Topic : Dementia – A Mental Illness**

Possible Project Outcomes :

- 1) Writing an article in a newspaper – tabla! or Straits Times.
  - It is possible to write to SPH Forum section or tabla!
  - An article relating to dementia explaining what it is, symptoms, possible ways to help, and organisations to contact.
  - This outcome will help to spread awareness so people will discover problems and issues that are not generally discussed and it helps keep the community informed.
  
- 2) A school assembly relating to Dementia with guest speaker from “Forget Us Not” organisation in Singapore.
  - Forget Us Not is an independent initiative in Yishun that helps to raise awareness of people with dementia. This includes sharing the everyday problems they face, and ways for the public to support them.
  - Inviting a representative from this organization to speak at our weekly school assembly will really prove beneficial.
  - This is part of Forget Us Not’s drive of educating children and teachers in school to become a “Dementia Friend”.
  - <http://forgetusnot.sg/play-a-part.html>
  - It will serve to spread awareness to fellow students, most of who do not know what dementia is.
  - Additionally, we could perform a skit/role play as part of the assembly to visually show how to identify a person with dementia and ways to help them.
  
- 3) Putting up posters around the school – spreading awareness about the illness.
  - This could be an add-on method of raising awareness
  - Vibrant, attractive posters put up around the school will further educate students of all ages about the illness.